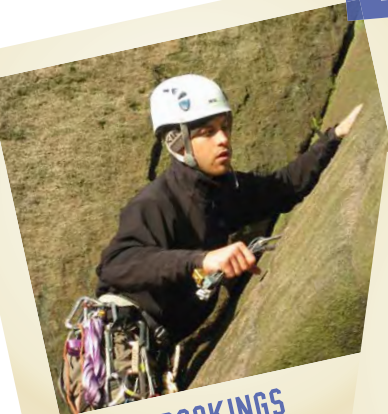


High On Adventure are a company specialising in providing outdoor activities and training in the UK and overseas...

PASSIVE LIVING CAN SERIOUSLY DAMAGE YOUR HEALTH!



GROUP BOOKINGS



INTRODUCTORY COURSES



EXPEDITIONS

ARE YOU LOOKING FOR AN EXCITING NEW ADVENTURE?

Outdoor adventure provides a means by which you can challenge yourself, develop new skills, test your leadership, learn about the outdoor environment and ultimately enhance your fitness and quality of life.



www.highonadventure.co.uk

HIGH ON ADVENTURE

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Mobile +44 (0)7771817298

**WHETHER YOU WANT TO LEARN A NEW SPORT,
IMPROVE EXISTING SKILLS, UNDERTAKE A JOURNEY
OVER LAND OR WATER OR SIMPLY HAVE AN ACTION
PACKED ADVENTURE...**



KAYAKING



MOUNTAINEERING



CANOEING

...WE HAVE EXPERT STAFF AND TRAINING COURSES

Our staff have been chosen for their professionalism, experience and years of working and playing in the outdoors, so that together we can create the adventure you are after. They are experts at creating a fun and safe environment where learning can be both maximised and enjoyed.

...WE CATER FOR INDIVIDUALS AND GROUPS

Tailored courses are designed to meet your goals and include taster sessions, introduction to basic skills, advanced skills development and guided experiences. The length of the course is dictated by your goals and time - evening, weekend, week and month long programmes are all possible.

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Visit our website and let us know what we can do for you...